



# Runner Race Instructions

## Welcome and Thank You

We are pleased to welcome you to the 2022 CAK 5K on the Runway at the Akron-Canton Airport. Below are IMPORTANT details about the event. Please follow the Parking Instructions! We need to bus you to the race site and we want to start on time. All parking will be at the Akron-Canton Airport in the Long Term B lot. This is FREE and shuttles will run all morning back and forth to the race site.

## Weekend Schedule

The weekend will start with PACKET PICKUP on Wednesday, October 5th at Second Sole Akron in the valley. The address is 1466 N Portage Path, Akron OH 44313. We will be there from 3:00pm until 7:00pm. You will pick up your race bib, t-shirt, and assorted materials for the race. You may have a friend pick up your items for you! If you live in the AKRON area please make your best effort to pick up your race packet here. It will reduce the congestion on race morning. Packet pickup continues on Thursday, October 6th in Canton at Belden Village Mall in the Food Court JUST INSIDE THE ENTRANCE. We will be there from 3pm to 7pm. If you live in the CANTON area please make your best effort to pick up your race packet here.

**If you cannot make it on Wednesday or Thursday, we will continue the PACKET PICKUP on Saturday morning at the race site from 6:30am to 8:25am. Look for the 5K PICKUP signs as you come into the race site.**



## Race Day

The buses will drop you off at the MAPS Air Museum. Please follow the signs to enter the facility. YOUR RETURN BUS will be located here after the race.

**Gear Check** – We will have a limited gear check before you enter the facility. Please only bring the things you need to run in the race. It is important to note that you cannot bring in water bottles, backpacks, Camelbacks, or any other items that are prohibited inside of an active airport facility. We will collect any discarded clothing and donate it to a local shelter. These rules apply to both runners and family members.

**Course / Start / Finish** - The will start at 8:30am promptly. Please make sure to allow enough time to park, get to the bus, pee, and prepare for the race. Your time will start once you cross the starting line and end as you cross the finish line. Only registered race participants are allowed on the race course. There will be an area for spectators if you are bringing family members. Water and food will be available in two places after the finish line.

**The Afterburner Zone** – What is it? Well....it is a race inside of a race. We will have a 100 meter section marked off right around Mile 2.4 where you will be timed. Awards will be presented to the fastest 10 men and women under the age of 40 and the fastest 10 men and women over the age of 40. Will you run your fastest 5K or save some energy to BLAST through the Afterburner Zone? You know you are getting close when you hear Highway to the Danger Zone from Top Gun!

**Awards** – Finisher medals will be given as you cross the finish line. The Awards Ceremony will start promptly at 9:35am. Some runners will still be finishing during the Awards Ceremony. Results will be posted continuously throughout the race and can be found at [www.cak5k.com](http://www.cak5k.com). YOU MUST BE PRESENT TO COLLECT YOUR AWARD. WE WILL NOT MAIL OUT AWARDS AFTER THE RACE. NO EXCEPTIONS. PLEASE STICK AROUND FOR THE FEW EXTRA MINUTES AFTER YOU RUN. You are going to want to stick around anyway to check out the cool aircraft at the MAPS Air Museum.

**Race Photos** – Free race photos will be available just after you finish the race! We would love it if you posted your photos on your social media channels over race weekend. You can view your photos on the Race Results link at [www.cak5k.com](http://www.cak5k.com)



## Getting Here / Parking

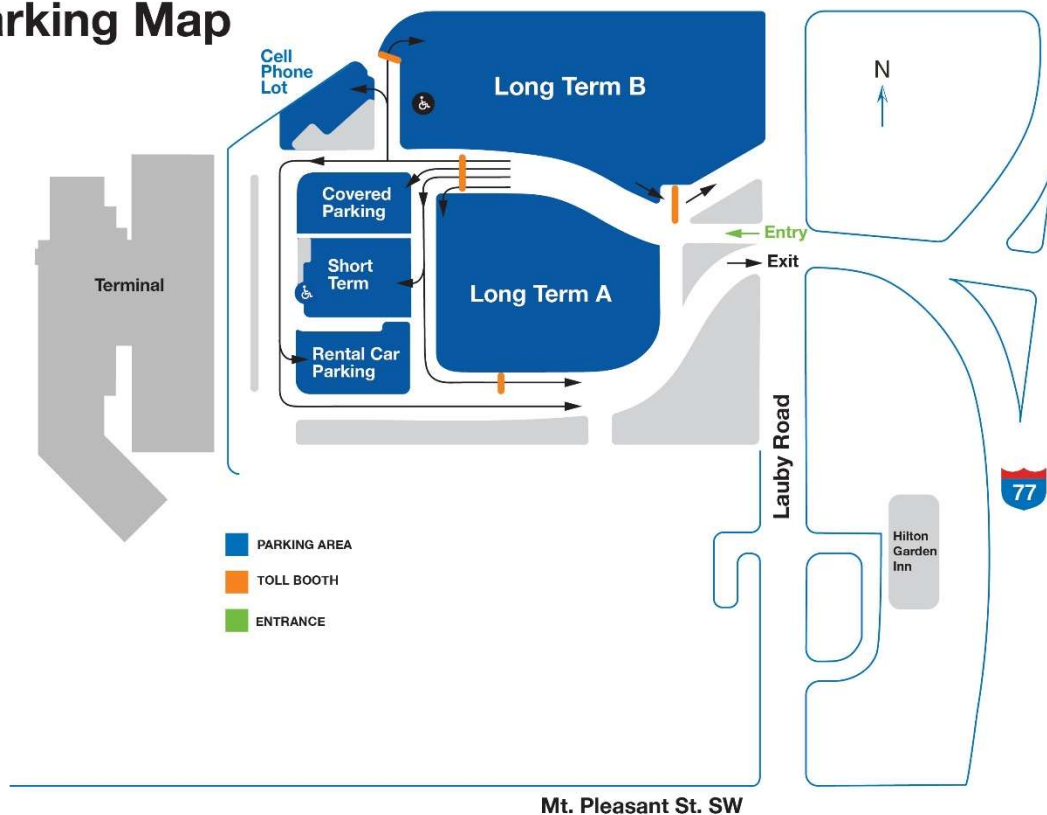
There is ONE parking area for the 2022 race. We will have plenty of buses to get you to and from the race site. Please note that there is NO PARKING AT MAPS this year.

### AKRON-CANTON AIRPORT LONG TERM B LOT

You will be parking at the Akron-Canton Airport **Long Term B** Lot. It is located to the right once you enter the Akron-Canton Airport. Use the location “Akron-Canton Airport” in your GPS / Google Map to get there.

Buses will be running starting at 6:30am. Please try to get here by 8:00a to ensure a smooth pre-race experience. Buses will be returning to the parking lot from 8:30am to 1pm.

## Parking Map





## Race Site / Layout

All activities will be at the MAPS Air Museum. Please take some time to check out the cool aircraft at MAPS. Buses will be dropping / picking up participants just outside of the museum. **There is no parking along International Parkway or Global Gateway! We are using that area for Bus Transitions.** Spectators ARE allowed to park at the airport and take the bus to the race site.

## Rules to Follow

We will be running on an active airfield. We kindly ask that you DO NOT bring water bottles, race belts, or any other items that could contain prohibited materials. You may run with your phone / iPod.

We also ask that you follow the rules posted regarding the aircraft at MAPS.

## Strollers / Wheelchairs

If you plan on bringing a stroller or are a wheelchair participant, please contact Jim at [jchaney@runtoyouracing.com](mailto:jchaney@runtoyouracing.com) for specific instructions.



## Thank You Sponsors

We want to say thanks to our partners for the weekend! Make sure you thank our volunteers!

